



Immunizations

Many adults are not aware of the numerous immunizations available to protect against sickness and disease. Don't miss out on the many advantages of this safe and effective preventive tool. Here are a few of the many great reasons to talk to your doctor about getting immunized:

- ***You may no longer be protected***

Even if you've received vaccines as a child, some vaccines require a booster for you to remain protected.

- ***Vaccines will help keep you healthy***

The CDC recommends vaccinations from birth through adulthood to provide a lifetime of protection against many diseases and infections.

- ***You may be at risk for serious vaccine – preventable illnesses***

Many of these illnesses, such as influenza, pertussis, and shingles, are common in the US.

- ***You may be at an increased risk for complications if you have a chronic health condition or weakened immune system***

Adults with chronic conditions such as heart disease, diabetes, or lung disease and those with weakened immune systems are more likely to develop complications from certain vaccine-preventable diseases.

- ***You can reduce the chance of passing on a serious illness to your loved ones***

Many vaccine-preventable illnesses are contagious. Receiving your recommended vaccines can reduce the risk of getting sick and spreading illness to others.

- ***You don't have time to get sick***

We're all busy. Vaccines can help you stay healthy so you don't waste time (and energy!) being sick.

- ***You like to travel – or have to travel for work***

Travel can put your health at risk. Make sure you only bring back great memories, not illness! If you are traveling internationally, you may need additional vaccines.

- ***You want the peace of mind that comes with protecting your health***

The time to be vaccinated is before disease arrives. It's important to stay current with your immunizations as no one can predict when disease will appear.

- ***You don't want to feel crummy if you can prevent it***

No one wants to feel sick. There are more than a dozen diseases that you can protect against simply by getting vaccinated!



GIVE IT A SHOT

GET VACCINATED

Source: <http://www.cdc.gov/features/adultvaccinations/>

Treatment Disclaimer: This poster is for education purposes, not for use in the treatment of medical conditions. It is based on skilled medical opinion as of the date of publication. However, medical science advances and changes rapidly. Furthermore, diagnosis and treatment are often complex and involve more than one disease process or medical issue to determine proper care. If you believe you may have a medical condition described in the poster, consult your doctor.

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